

Navigating the CD-ROM

Media Literacy for Health is organized into two main sections -- Before Class and During Class – accessible from the main menu.

Before Class

In this section, you can look over the lesson plans, preview the media examples and print out the lesson plans, background sheets and worksheets.

1. From the main menu, click on **Before Class**. A grid will appear. Roll the mouse over the cells in the grid to see the lesson titles. To preview a lesson, shift-click on a cell. (Hold down the Shift key while clicking with the mouse.)
2. This opens the preview window and loads the Title Page of the lesson plan you selected. From the Title Page you can access additional pages of the lesson plan by clicking on the buttons at the bottom of the page.
3. On the Preparation Page, click on the yellow text to print out the background sheets and worksheets, if any, for that lesson. You can also access helpful websites by clicking on the web addresses. (Of course, your computer has to be connected to the Internet for this feature to work.)
4. On the Procedure Pages, click on the titles of the media examples (also highlighted in yellow text) to view still images, graphics and video clips.
5. We recommend printing out the entire lesson plan for reference during class, using the button on the Title Page.
6. If your computer is connected to the Internet, you can click on “Go to www.nmmlp.org” to connect to the New Mexico Media Literacy Project’s website.
7. From the Title Page, click on the “Return to Grid” button to exit the preview window.
8. Back at the grid, you can preview additional lessons, if you wish.
9. After previewing, click (*not shift-click*) on the cells to select one or more lessons you want to use in class. Or click on the grade strand or topic headings to select several lessons at once. Then return to the main menu.

During Class

You will use this section of the CD in class. Only the media examples from the lessons you have selected are accessible from this section.

1. From the main menu, click on **During Class**.
2. Select the first lesson you want to use from the drop-down menu at the top of the page. Notice that only the lesson(s) you selected earlier are available to you.

Important: *If you have exited the CD-ROM and/or shut down your computer since you previewed the lessons, your selections will be lost. At the start of your class, briefly visit the **Before Class** section and re-select the lesson plan(s) you will be using by clicking on the appropriate cell(s) in the grid. This will allow you to access the media examples during class. Then return to the main menu and click on **During Class**.*

3. The buttons on the right side of the screen will display the media examples cited in the lesson plan, in order of use.
4. The movie viewer allows you to play the video clips or view them one frame at a time. You can scrub through the clip by dragging the slider. You can also adjust the audio volume by sliding the adjustment on the right side of the movie viewer screen.